

# **The 22nd Annual Gulfstream Regatta**

## **April 6, 2013**

### **SAILING INSTRUCTIONS**

#### **1. RULES**

The regatta will be governed by the Rules as defined in the Racing Rules of Sailing (RRS) including US Sailing Prescriptions, the Notice and Conditions of Race and these Sailing Instructions.

#### **2. CHANGES TO SAILING INSTRUCTIONS**

Any change to the sailing instructions will be given verbally by the Race Committee.

#### **3. RACING AREA**

The races will take place in the ocean off of Fort Lauderdale beach, approximately 1nm. north of the Port Everglades inlet.

#### **4. SCHEDULE OF RACES**

- 4.1 There may be two races. The warning for the first race will be at 10:55.
- 4.2 If there is to be a second race, it will start immediately following the finish of Race 1. One race shall constitute a regatta.

#### **5. THE COURSES**

- 5.1 The courses will be windward-leeward or triangle windward-leeward type courses.
- 5.2 The courses will be posted on a board on the Committee Boat along with a compass bearing and distance to the first mark. (See Appendix A for course designations.)
- 5.3 Also, it is the intention of the Race Committee to announce the courses on VHF channel 78a at 10:45.

#### **6. THE START**

- 6.1 The start/finish line shall be between an orange inflatable at the pin end and a staff displaying an orange flag on the Signal Boat.
- 6.2 There may be two classes: ARC Spinnaker and ARC Non Spinnaker.
- 6.3 The start of the ARC Spinnaker class may be the warning signal for the second class, ARC Non-Spinnaker.
- 6.4 The Race Committee may decide to insert one or more minutes into the starting sequence between the start and warning for the next class. In that case, watch for your class flag which will be displayed with 1 sound signal to indicate the start of your sequence.
- 6.5 Starts may be combined in which case, class flags will be displayed together.

#### **7. CLASS FLAGS**

Classes racing are ARC Spin and ARC Non-Spin. Their class flags will be as follows:

ARC Spin:            PINK                                  ARC Non-Spin:        GREEN

#### **8. MARKS**

- 8.1 The marks shall be as follows:  
All start/finish marks will be ORANGE inflatables.  
Marks of the course will be YELLOW inflatables except the Leeward mark may be the start/finish mark if there is no YELLOW leeward mark in position.

#### **9. PENALTIES**

The penalty for breaking a rule of Part 2 for the ARC Non-Spin class shall be one turn

including one tack and one gybe. This changes Rule 44.1 and 44.2 for this class only.

## **10. THE FINISH**

The finish shall be between an orange inflatable and a staff displaying an orange flag on the signal boat.

## **11. COMMUNICATIONS**

11.1 All competitors shall monitor VHF Channel 78a. Any communications from the Race Committee shall be made on that Channel.

11.2 Competitors should keep in mind that the Race Committee has NO OBLIGATION to respond to questions from the fleet unless there is an emergency or you must withdraw from the race.

11.3 If you MUST ask a question, first read your Sailing Instructions, then ask no later than 5 minutes BEFORE the First Warning.

11.3.1 Once the sequence has started, the Race Committee WILL NOT ANSWER QUESTIONS!

11.3.2 Do not block Race Committee communications by monopolizing the VHF.

11.3.3 Do not call in to ask if you are over early. The Race Committee may broadcast the numbers and/or names of yachts over early, (OCS), but is not obligated to do so.

11.3.4 If boats are hailed OCS, failure to hear the hail shall not be grounds for redress.

11.3.5 READ YOUR SAILING INSTRUCTIONS.

## **11. PROTESTS**

11.1 A yacht intending to protest must notify the Race Committee on the water AFTER they have FINISHED the race. Approach the non-finish side of the Signal Boat and state your intention, your sail number and/or the name of your yacht, and the sail number and/or name of the yacht you are protesting. Alternately, if unable to come to the committee boat, a yacht may attempt to contact the Race Committee by radio, VHF Channel 78, but the RC may be unable to acknowledge your hail if they are actively finishing boats at the time.

11.2 Protests must be filed with the Regatta Chair, Adeel Arshed no later than 1800hrs at the Lauderdale Isles Yacht and Tennis Club located at 2637 Whale Harbor Lane, Fort Lauderdale. This changes RRS 61.3.

11.3 Protests shall be heard at the Lauderdale Isles Yacht and Tennis Club ASAP or if the protest committee is not available at that time, at a later date, time and location to be determined.

## APPENDIX A:

### ARC SPINNAKER\*

<b>COURSE 2</b>	W/L	Start, W, Finish
<b>COURSE 4</b>	W/L 2X	Start, W, L, W, Finish
<b>COURSE 6</b>	W/L 3X	Start, W, L, W, L, W, Finish

### ARC SPINNAKER\* and ARC NON SPIN

<b>COURSE 3T</b>	T	Start, W, R, Finish
<b>COURSE 5T</b>	T W/L	Start, W, R, L, W, Finish
<b>COURSE 6T</b>	T 2X	Start, W, R, L, W, R. Finish
<b>COURSE 7T</b>	T W/L 2X	Start, W, R, L, W, L, W, Finish

### **All marks are left to port.**

W/L = Windward, Leeward

T = Triangle, Windward, Reach, Leeward

- \* The ARC SPINNAKER class may race either a W/L course or may be instructed to race a T course.

All course numbers for the ARC SPIN & NON-SPIN classes reflect the number of legs for that course. Windward/Leeward courses will all be even numbered and have only a number. A course 4 would be 2 windward/leewards, twice around.

Triangle courses, numbers followed by a T include reaching legs and will have a course number followed by a T, as in 3T. 2X would indicate twice around, T W/L is twice around the W/L portion of the course only

## COURSES:







### WINDWARD/LEEWARD COURSES (W/L): \*

- 2 W/L Start, W, Finish
- 4 W/L 2X Start, W, L, W, Finish
- 6 W/L 3X Start, W, L, W, L, W, Finish

### TRIANGLE COURSES (T): \*

- 3T T Start, W, R, Finish
- 5T T, W/L Start, W, R, L, W, Finish
- 6T T, 2X Start, W, R, L, W, R, Finish
- 7T T, W/L 2X Start, W, R, L, W, L, W, Finish

\* Leave all marks to port.

<b>TIME:</b>	<b>CLASS FLAG:</b>	<b>ACTION:</b>	<b>SOUND:</b>
<b>0500 WARNING</b>		<b>UP</b>	<b>1 HORN</b>
<b>0400 PREP</b>		<b>UP</b>	<b>1 HORN</b>
<b>0100 PREP DOWN</b>		<b>DOWN</b>	<b>1 HORN</b>
<b>START</b>		<b>DOWN</b>	<b>1 HORN</b>

1. The flag sequence is basically up, up, down, down. Each action is accompanied by a horn.
2. Each sequence is 5 minutes long. When the next class flag is displayed with the sound signal, that class' 5 minute sequence begins.
3. The next class flag may go up as the preceeding class flag is dropped or there may be a delay between starting sequences of 1 minute or longer. This is entirely at the discretion of the race committee.

### **CLASS FLAGS FOR THIS REGATTA ARE AS FOLLOWS:**

**ARC SPINNAKER**



**ARC NON-SPIN**

