

Tiller Tales

Gulf Stream Sailing club - January 2012

From The Helm - Commodore Adeel Arshed

“We’ve got a sailboat...now what do we do??!!”

The very thought was running through my mind as we put the boat “to bed” for the first time at her dock behind our home in Fort Lauderdale. It had been an interesting trip down from Palm Beach. I had already inflicted my first beauty mark upon Jendai’s shiny new gel-coat – the result of an ill-timed exit from a slip in Riviera Beach, just as the cross current was at its strongest. Mere weeks before, my wife Kristal and I were like many wide-eyed people at the Miami Boat Show. Somehow, we had navigated the brokers, the negotiations, the mountains of paperwork and were now the proud owners of a sailing vessel. Beyond the initial excitement of being new boat owners, I was quickly realizing there had to be more to owning a boat. For one, I had to find someone to teach me how to do minor gel-coat repairs!

I found Gulfstream Sailing Club while doing a simple Google search. Intrigued by the thought of a sailing club, I fired off an email to an email address I found on the website, and what seemed like only minutes later Past Commodore Jay Wood was forwarding me info about Club meetings, upcoming races, even a cruise over an upcoming long weekend! I came to my first meeting and was immediately impressed by how much there was to do out on the water! At that point, I knew I had found the answer to my question...and just a few years later I’m privileged to be your Commodore for this, our 55th season as Gulfstream Sailing Club.



This year continues the forward momentum we’ve seen building in the recent past. Yes, times are still tough, but with a lot of hard work by all of our volunteers and a little luck, it should be one of our

2012 Officers

Commodore.....Adeel Arshed
Vice Commodore...Luis Oliveria
Rear Commodore... Chris Bare
Treasurer...Helen Swinghammer
Secretary.....Janis Walkow

2012 Governing Board

Larry Littell
Joanne Salvadore
Jim Webb

2012 Committee Chairs

Membership....Betty Lou Webb
Crusing Fleet...Chris Bare
Gregg Henry
Ocean RaceLuis Oliveira
LakeLuis Oliveira
Social ...Jim Webb

HEADS UP

Membership Renewals -
Were Due 12/31 !!!
It’s STILL not too late.
Come Sail and Party with Us.
(Renewal Form attached)

Happy Hour at Rendezvous
Every Tuesday (except GSC
meeting Tuesdays) 6:30PM
Half Price Specials until 7 !

From The Helm (Continued)

most active and enjoyable years ever. Our calendar is brimming with events for all types of sailor as well as those that just enjoy time spent out on the water. We've already accomplished one of my biggest goals which was to have a full calendar published by the January General Meeting. If you haven't seen it yet, open up a browser window and point it to: <http://www.gulfstreamsailingclub.org/calendar.php>

By the time this goes to press, we will have several of our 2012 events already under our belt. The 2012 Dinghy Run had 10 hardy souls to explore the waterways of Fort Lauderdale with our small, but capable crafts on **January 14th**. It was a great sight to see the Gulfstream dink flotilla power through downtown three wide. Nothing short of the Jungle Queen herself could stop us from having a good time...not even unseasonably cool weather!



Right on the heels of the Dink Run was our annual Change of Command dinner. This elegant event was not just a reason to dress up, but a time honored Club tradition that marks the passage of one



Flag to the next. We had over 50 members & guests enjoying dinner and dancing at the water's edge at Coral Ride Yacht Club. This was a marked increase from years past, and a testament to the hard work put in by Club Members Jacqui & Bill Bradley, Janis Walkow, and Nancy Marsh. The night started off with great energy as we recognized many of our Past Commodores...including the most recent addition to this honored club - an individual I respect and admire: 2011 Commodore John Gehrig. I am privileged to follow in all of their collective footsteps...*and certainly not above calling upon them for advice or assistance!*

With a busy month like January under our belt, one would imagine it's time to take a break! Not this Club! We have a great slate of events in the next couple of months that should keep the most barnacle crusted boat bottom, whistle clean if you come out and participate.

On **January 29th**, our Cruising and Social committees joined up to hold a **Sunday raft-up in Lake Sylvia, preceded by a day-sail under threatening storm clouds**. A dinghy tender service (mine) was running between Bahia Cabana to shuttle people back and forth to the raft-up.



From The Helm (Continued)

Soon afterward, it will be time to commemorate Cupid and his sharp arrow at the **Couple's Race on February 11th**. This fun ocean race has followed many different formats in the past few years. There will also be a raft-up afterwards as well, so keep watching your emails for details.

For all the socialites out there that may have missed the Change of Command, make sure to catch up with many of our Members at our weekly Happy Hours. **On every Tuesday evening when there isn't a General Meeting**, join your fellow Members at Rendezvous in the Marina Bay complex. We'll be there till the time changes in the spring. After which, you'll find us at the Lake on Wednesdays...but more to come on that.

The Lake team has worked hard to come up with a whole slew of action packed race days as well as classes for both adults and children, and of course our Saturday open sail days. If you have never made the time to go to Sailor's Point, I strongly encourage you spend a sunny Saturday morning and afternoon there. Sailor's Point truly is a gem – an oasis of shade trees right in the middle of the city hustle and bustle where you can sail or just relax. The folks there have done an amazing job in getting a fleet of Optis, Sunfish, and our most recent additions – five 420s fully rigged up and going. As the days get longer, there are more exciting things to come like the return of “Hump-Day” mid-week sailing. I even hear there are a few surprises to come with those 420s. Hint: you'll want to line up your partner and practice ahead of time.



Phew! All these things to do, and it's just the beginning of February !

To close, I would be remiss if I didn't mention our volunteers one more time. The Flag, Board, Committee Members, and Volunteers put in a tremendous amount of collective effort to make sure these events are planned and run well. So please do your part to come out and participate. Perhaps you'll forge a new friendship, or even secure a seat as racing crew! If you enjoy the events and want to do more to help the Club, we're always looking for Members to step up and lend a hand. There is no such thing as doing too little. Gulfstream Sailing Club has been a part of the South Florida community for over 50 years. We have been successful only because of the effort of volunteers, ensuring that that the next person asking “we've got a sailboat...now what do we do” realizes that the answer is “quite a lot, and the people are great too !”

Here's looking forward to another great year out on the water!

Adeel Arshed – Gulfstream Sailing Club Commodore

SUNFISH SAILING/RACING - LUIS OLIVEIRA

Dinghy sailing as been my passion for many years, there's nothing like being in total control of your sail boat. Tiller in one hand and main sheet in the other, going upwind on a nice breeze that requires a very modest hike and it's you, the boat and the elements, you feel every little move, every slight change in the breeze, you look at the bow of the boat only and concentrate on what the boat is telling you, the world is non hesitant and you don't even need to look at the sail or the wind vane to know that you are tight up wind, the boat speed is perfect for the breeze and you even know when the wind shifts and



it's time to tack. The very tip of the bow is a fantastic natural gadget where you can read wind speed, direction and boat speed. It is sailing at its best. ... One does not have that on a big boat, quite a few

instruments will have to be read to get all this info.



Adding to the above comes the fun of racing other boats and in the case of the Sunfish any major regatta will produce a large fleet, fifty sixty boats or more. Since it is a one-design, all the boats are the same and the only thing that matters is how well you rig it for the conditions and how good your skills are to sail it.

The weather extremes, as one can predict, make it tougher to do well in a race, but the rewards are great. In very strong wind 25+ it becomes survival of the fittest, but it is a hell of a lot fun because of the speeds one can achieve off the wind. In that



kind of weather the Sunfish gets on a plane fairly easy, throwing spray all over the place, including a small rooster tail. The adrenaline keeps one going. Doing well in a race under those conditions is the icing on the cake.

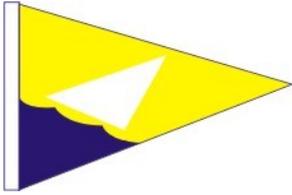
On the other hand in the very light breeze, two or three knots, it takes a bit of patience to stay still and not shake the wind out of the sail, add to it a very hot and muggy Florida day and you'll be wishing for the other extreme. In these conditions the breeze is very patchy and there are plenty of holes on the race course with no wind. One could be dead last, but end up winning the race, as the rest of the fleet falls into one of the holes and you are lucky enough to avoid it.

Dinghy Sailing/Racing — (Continued)

In five knots of wind and above, up to about 15, the Sunfish is a delight to sail, comfortable and easy to handle, so much so that kids of all ages can easily sail and race it competitively. Come experience it all at the Lake, we will help set up and give you tips on how to go faster and as always we'll tease you and make you smile.

Luis Oliveira - Vice Commodore and Lake Everything





GULFSTREAM SAILING CLUB

2012 Change of Command and Awards Presentation— John Gehrig

On Saturday, January 21st, Gulfstream Sailing Club held the 54th Change of Command Ceremony at the Coral Ridge Yacht Club. The event was organized by **Nancy Marsh** who took the overall responsibility for planning the evening, with her team: **Jacqui Bradley, Janis Walkow, Karyn James and Shirley Kaplan**, who helped make everything else happen including making all of the beautiful flower arrangements.

The ceremony started with a procession of Past Commodores:

2009-10 Past Commodore Astrid Hunton escorted by

2006 Past Commodore Ross Hunton

2007 Past Commodore Chris Woolsey
escorting Patricia Amaducci

1997 Past Commodore Roman Gastesi
escorting Sue Gastesi

1995 Past Commodore Jay Wood
escorting Garie Blackwell

1992 Past Commodore Bernie Gardner
escorting Pamela Cerami



Lake Chairperson and Vice Commodore Luis Oliveira presented the Lake Awards:

Small Boat Sportsman Award is presented each year to the Lake Skipper who generated the most enthusiasm and who did the most dirty work. Owning a boat is not necessary. The award was presented to **Andre Kramer**. Andre spent countless hours ensuring our small boat fleet stays afloat.

Most Improved Lake Sailor is presented each year to the sailor who in the opinion of the lake chairman has made the most dramatic improvements in their demonstrated sailing skills. The award was presented to **Bill Martin**.

Special Service Awards - The operations of the lake depend critically on the contributions of many people. Each year, we take time to recognize those efforts and thank those without whom we would not have a lake program.

Mike Limuti **Chris Woolsey**

Adeel Arshed **Jim Webb**

Dennis Zimmerman **Sharon Crockett**

Sam Kafoury **Marty Ottenheimer**

Steve Evens **Charlie Cappelo**

Chris Garone **Mike Sawzak**

Scott Lindars **Ned Black**

Bill Martin

2012 Change of Command and Awards Presentation— (Continued)

As outgoing Commodore, I presented the remaining awards:

The “Annual Cruising Award” is presented each year to the yacht captain and crew that best exemplify the spirit of cruising throughout the year. This year’s award went to **Al Diran and Linda Johnson** who left the warm waters of the Gulfstream to ply the colder waters of the Maine Coast, providing us with great stories of their adventures in Tiller Tales.

The “Annual Blue Water Cruising Award” is presented each year to the Gulfstream Sailing Club member that has, during the previous year, taken his own boat on the most significant cruising voyage (not as part of an organized race). Consideration should be given to the total distance traveled, longest single passage, exceptional seamanship, navigation and ports-of-call that may not have been previously visited by the skipper. Further, the recipient must have shared his/her experiences with the club by means of either a Tiller Tales article or a talk or slide show presentation to the club. This year’s award went to **Steve and Karyn James**, who 7 years ago also departed the warm waters of the Gulfstream and began exploring the beautiful waters of the Mediterranean. After one of our general membership meetings they treated the club to a very professional slideshow of their exploits during their cruise last year.

The “Ocean Sportsman Award” is presented to the ocean skipper considered by the race committee to have come out consistently and to have shown good sportsmanship and enthusiasm. **Gregg Henry and Sam Walker**, the winners of this award, were on the starting line for most of our races, winning and placing in a few of them. They also organized the cruising program for the entire year, including the chili cook-off cruise to Haulover and even made trophies for that event.

This year we created a new award called **“The Commodore’s Award”**. The Commodore’s Award is awarded to the person who has made significant contributions toward the vision, goals, and success of the Commodore and the club. The winner of this year’s award winner, **Janis Walkow**, served as Secretary of Gulfstream Sailing Club for the past three years, wrote and distributed minutes for Board and General Membership Meetings in an extremely timely fashion, scheduled meetings and events, and kept immaculate records. She hosted the GSC Pool Bash at her lovely home, as well as the farewell to Doris and Bob White dinner party and numerous other events. She attended and contributed to a majority of our events, volunteered often and made significant contributions at the Lake, and was always there to advise and consult with the Commodore and keep me out of trouble.

Our premier award, **The “Outstanding Service Award”** is presented each year to the club member who has contributed the most in the way of service to the club during the past year. It was with great pleasure and gratitude that I presented this award to a very deserving club member, **Mike Lamuti**, who worked tirelessly at the lake repairing and maintaining boats and pitching in whenever possible. He attended a majority of our events and was always available to help set up, tear down and run the events. Congratulations Mike and thank you from all of us.

Congratulations to the award winners and thanks again to all of our volunteers. A volunteer club such as this requires effort and participation by many members in order to successfully carry out the

2012 Change of Command and Awards Presentation— (Continued)

many different events that we sponsor. I liken them to spark plugs that make the engine fire. These are people who contribute their homes, their time and their effort to create fun events for the enjoyment of all members. I would like to thank all members who supported Gulfstream Sailing Club and contributed to an outstanding year. We could not have carried out the wide variety of successful events without their help. As a token of our appreciation, we provided each attendee with a Gulfstream Sailing Club Baseball Cap.

After the awards, we then moved on to the actual change of command. I installed our 2012 Commodore, **Adeel Arshed**. Adeel then presented me with Past Commodore stars and flag, and installed the 2012 Bridge and Board of Directors.

Vice Commodore – Luis Oliveira

Rear Commodore – Chris Bare

Treasurer – Helen Swinghammer

Secretary – Janis Walkow

Board - Jim Webb

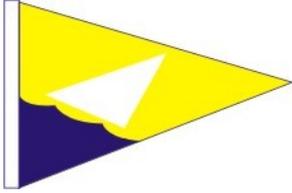
Board - Larry Littell

Board - Joanne Salvador

Following the ceremony, we were treated to a delicious meal and partied on into the night. I thank all attendees for making this such an enjoyable event.

I leave the post of Commodore with mixed emotions. 2011 was a fun, event-filled year for our club. All of you....the Bridge, Board, Committees and Members made being Commodore both easy and gratifying. I look forward to actively supporting Adeel Arshed and his Bridge as they lead Gulfstream Sailing Club to more fun times in 2012.

John Gehrig — Past Commodore (2011)



Notes From the Editor - Franz J. Walkow

Many thanks to the committee members and volunteers. The 2012 Gulfstream Sailing Club Change of Command was another great success ! What a way to end the 2011 club year and inaugurate the new Officers, Board and Committee Leads. Your editor attended with his lovely wife Janis, who was practically speechless upon receiving the new Commodore's Award. Food, venue and music were superb. The pictures are on the GSC web site, so you can view the actual changing of the command and presentation of the awards plus portraits of many of the attendees. A special thanks to the authors of this months TillerTales articles for their vision and direction for the club.

Crew Needed — Diego Kleiman

1/20/ 2012 - If someone is interested , I am looking for crew to bring my sailboat from Lake Charles, Louisiana to Miami in March. My boat is a Beneteau 32s5. Contact me for details at 1diegok@gmail.com
Thank you and fair winds.

Membership - Betty Lou Webb

Last year we had 51 new families that joined our club. This year we have a great calendar set up with many social and sailing events. Please renew your dues so you can join these events.

Please send your check to: Betty Lou Webb 3410 NW 21 Court, Coconut Creek, FL 33066

Any questions please contact me at 954 969 9196.

Jendai's Thanksgiving Trip 2011 — Kristal Arshed

Typically, Adeel and I are in Chicago for Thanksgiving. This year, due to other family obligations, we were left with no Thanksgiving plans. So we decided to take our first week long trip on the boat to the Florida Keys. Our to do list was 40+ items long and during the weekends and nights leading up to our departure, we diligently worked on knocking items off the list. To be honest, we got about half done, the rest we simply ran out of time. We did get everything that was needed for us to have a successful trip.

Keys Trip Boat Projects ☆

File Edit View Insert Format Data Tools Help All changes saved

#	Project Name	Importance	Status	Time (hours)	Vendor	Day
1	Load up 2 stroke oil & gallon mixer	01 - HIGH	03 - COMPLETE	0.5	Adeel	WED
2	Dinghy number placard	01 - HIGH	03 - COMPLETE	1.5	Self	WED
3	Organize boat & dinghy paperwork	01 - HIGH	03 - COMPLETE	0.5	Kristal	THURS
4	Fill Up Water Tanks	01 - HIGH	03 - COMPLETE	0.25	Self	
5	Load up Foul Weather Gear	01 - HIGH	03 - COMPLETE	0.25	Kristal	
6	Screw in helm instrument housing	01 - HIGH	03 - COMPLETE	1	Self	
7	Top off water in battery banks	01 - HIGH	03 - COMPLETE	1	Self	
8	Seal Dinghy	01 - HIGH	03 - COMPLETE	1	Self	
9	Create Menu for Trip	01 - HIGH	03 - COMPLETE	1	Kristal	
10	Replace deck light bulb	01 - HIGH	03 - COMPLETE	1.5	Team	
11	Replace steaming light bulb	01 - HIGH	03 - COMPLETE	1.5	Team	
12	Fill up propane tank	01 - HIGH	03 - COMPLETE	2	BJ	
13	Rig & hoist genoa sail	01 - HIGH	03 - COMPLETE	2	Team	

Day 1 – Saturday November 19th – The Start of our Journey

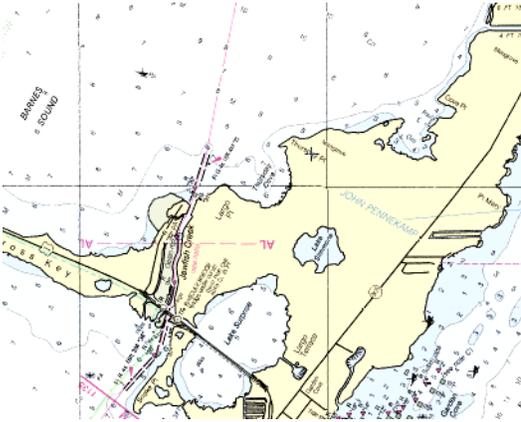
At 6:15am, we left the dock and made our way out the New River. We were closely monitoring the winds and conditions to determine if we should go on the outside or trek down the ICW. After



crossing 17th street bridge and realizing the winds were 30+ knots and a quick check with Commotion who was going up the inside on their way to PHRF Championship, we passed the inlet and took the ditch all the way down to Miami. I was responsible for bridgework, ensuring we knew the times they opened and speed we needed to maintain to hit all the bridges. At around 11:30am, we made it to Biscayne Bay, turned off the engine and unfurled the sails for the first time. For the rest of the afternoon, we sailed our way down the Bay on our way to Black Point Marina. It turned out to be a great day on the Bay, with winds in the range of 18-22 knots. We kept our main with a shred of jib out and maintained a steady speed of around 6 knots. We got into Blackpoint around 4:30pm and after getting the boat put to bed, we gathered up our belongings and made our way to my cousin's Bridal Shower. Yes, we did get some family time in on our trip.

Day 2 – Sunday November 20th

Another early day for us, at 6:00am, we got up and got off the dock to ensure the tides were with us to clear the shallow spot at the mouth of the entrance to the Marina. Once we cleared the entrance to Black Point, we made our way south; the goal in mind for the day was to make it to Thursday's Cove. We had similar winds as the day prior but today, we made it on jib alone. A couple of brief squalls required us to break out foul weather gear but mostly we had another gorgeous day. We spent the hours on the water talking and catching up on the events of the prior day at the Bridal



Shower. It was a great day. We made it to Thursday's Cove and had to reset the anchor about 3 times due to the bottom but eventually got it to stick and we were comfortable. We made an amazing dinner of teriyaki grilled chicken salad and grilled corn and once all the lights were off, just marveled at the blanket of stars and the peace and quiet we were experiencing.

That night though, was deemed the night of the great mosquito massacre. We left our hatches and ports open earlier in the evening as the breeze was so nice. During the night, the wind died resulting in a swarm of mosquito invading our cabin. We spent about 2 hours swatting and cleaning up the aftermath. We finally got to bed around 4:00am and slept in till 7:30am the next day...lesson learned... we needed to put up in the mosquito inserts for the hatches and ports.

Day 3 – Monday November 21st

After an interesting night on anchor, we woke up and made a hearty breakfast of eggs and French toast before making way to Key Largo – Tarpon Basin. This required a 2 hour sail and once we got there, started prepping the dinghy for a ride around town. Unfortunately, luck was not with us that day and our engine would not start. As many Club Members know, we often have issues with this engine but thought we had everything taken care of before we left. So Adeel set off by kayak for land. After over a two mile walk to and from West Marine, Adeel made his way back with the supplies needed to get the engine going, as well as two 5-gallon collapsible water jugs. After finally getting the engine going, we took quick showers and headed to Hobos Restaurant for an early dinner since we were both starving. After dinner, we got ice, filled up our water jugs and headed back for an early night. The 5 gallon water jugs were a brilliant idea and a must on all boat trips. The plan for the next day was to keep moving south towards Islamorada, our last stop in the keys before heading back North to home.



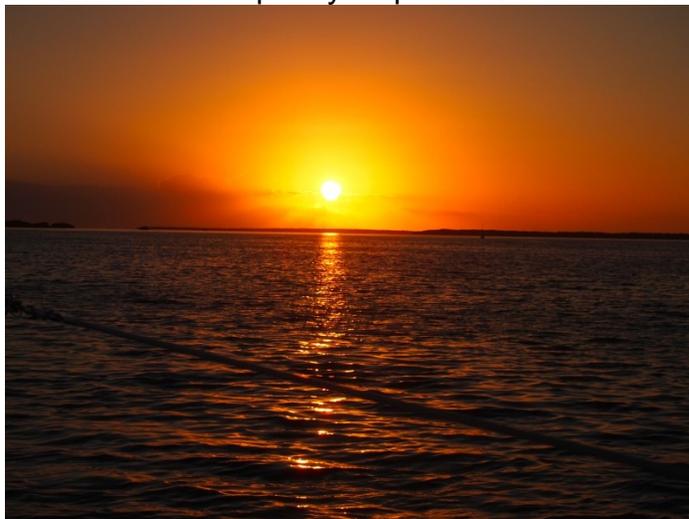
Day 4 – Tuesday November 22nd

The next day, we woke up, had a quick breakfast of fruit and cereal before heading to land to fill up our water and throw out the trash. We left Tarpon Basin around 10am and decided to motor a bit to

help charge our batteries. This trip was a bit of an eye opener, showing us how quickly our refrigerator drains our batteries overnight. If we were to take longer trips, we would need to find other sources of power, either wind generator or solar. Add that to the boat list!! After about 4 hours of motoring south, we finally dropped anchor in Islamorada around 2:30pm with a full charge on the batteries. It was definitely tempting to throw up the sails on the way down but we needed the batteries to be charged and there were many shallow spots along the way. After making sure the anchor was set, we got the dinghy going and had dinner at Lorelei's and soaked in the local culture. It was another beautiful sunset, we could not get enough of those on the trip.

Day 5 – Wednesday November 23rd

Due to a change in weather, we adjusted our plans and instead of going on the outside, spent another relaxing day in Islamorada. We took the dinghy to the Islamorada Fish Company and Bass Pro Shops, filled up our gasoline, water, took out the trash and bought miscellaneous supplies we needed. We got back to the boat to off load the goods then headed to Lorelei's for some drinks and appetizers. Just what we needed for our trek to Ace Hardware to get tubing to help siphon diesel from the jerry jugs into the tank. By the time we got back to our dinghy at the dock, it was almost sunk ...not a good sign. We bailed, bailed, and bailed some more and once we got all the water out, started back toward Jendai. Halfway back, Adeel noticed that our transom was cracked and the engine was practically falling off. Luckily, we got back to the boat as quickly as possible and realized there was no way we could use the dinghy for the rest of the trip or ever again unless we got the transom replaced! After shaking off the disappointment of losing the dinghy, we made the best of it by grilling steaks, roasted sweet peppers, and making a side of couscous. I don't know what it is but every meal we made on the boat was the most amazing meal ever. We sat on the foredeck, had dinner and watched the sun come down. We have been blessed with many gorgeous sunsets in our life but this one was the most unforgettable, absolutely stunning.



Day 6 – Thursday November 24th (Thanksgiving)



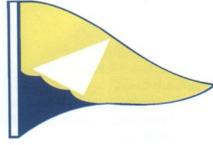
The night prior was yet another interesting night on anchor. The change in weather we expected came and the winds clocked around 180 degrees, resulting in a bumpy night. We woke up early the next morning and started our trek back north. We were able to sail that day and sail we did! Another glorious day on the water, making it all the way up to Barnes Sound with a combination of jib and main sail. We got to our anchorage at Steamboat Creek around 3:30pm and started to prep our Thanksgiving dinner of roast chicken, mashed potatoes and green beans. Everything turned out deliciously and Adeel and I had a wonderful Thanksgiving on Jendai together alone at a secluded anchorage miles from anywhere or anyone.

Day 7 – Friday November 25th – Our Final Day

The next morning, we started off for home. It was a combination day of sailing and motoring when needed but mostly sailing. On jib alone, we hit a max of 7 knots...the fastest we've ever taken Jendai with only one sail up. The experience was exhilarating. Again, we took the ICW up because of the weather out on the ocean, but made it home around 9:00pm. After off-loading everything we had to, we called it a wrap on our first week long trip.



Hopefully, this is the first of many more to come! - Kristal Arshed



Founded 1957

Gulfstream Sailing Club

It's time to renew your GSC membership for 2012.

Name(s) _____

Profession (optional) _____ (will be printed in the directory for reference)

_____ **My information in the 2011 directory is correct and is okay to use for 2012**

_____ **Please make the changes to the information in the 2011 directory on reverse side.**

Home address _____

City _____ **State** _____ **Zip** _____ **Home phone** _____

Email _____ **Other phone** _____

Boat Make _____ **Boat Name** _____

Type of Rig _____ **Hull Color** _____ **Rating (if known)** _____ **Sail #** _____

LOA _____ **Beam** _____ **Draft** _____

Other _____

\$100.00 dues renewal is payable by:

Cash or check # _____ **Give to Betty Lou Webb at December meeting please include this form.**

Check # _____ **payable to *Gulfstream Sailing Club* and mail to:**

BETTY LOU WEBB, 3410 NW 21 COURT, COCONUT CREEK, FL 33066.

PLEASE LIST THE COMMITTEES ON WHICH YOU ARE WILLING TO HELP WITH (EX. MEMBERSHIP, ENTERTAINMENT, PHONE CALLS, RACING, LAKE)? _____